

Keep a Clear Mind

Focus Age Group: 4th – 6th Graders and their Parents

Number of Lessons:

4 weekly sets of activities

Cost:

\$3.95 per student

Meets the Following State Standards:

See Attached Sheet

Objectives of Curriculum:

The curriculum aims to increase student ability to resist peer pressure to use tobacco, alcohol, and marijuana; increase student recognition of the harmful effects of tobacco, alcohol, and marijuana; help students identify and choose positive alternatives to substance abuse; decrease students' actual use of tobacco, alcohol, and marijuana; help parents to become effective drug educators; and increase parent-child communication about substance abuse.

Curriculum Contents:

- Four Take Home Lessons on Tobacco, Alcohol, Marijuana, and Saying No to Drugs
- Five Parent Newsletters
- Student Incentives
- T-shirts Available (\$5.95 each)
- Available in Spanish, Cost May Vary

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